



Sister Robert Joseph Bailey Elementary School

School Counseling Program

Hello and welcome to the 2018-2019 school year! My name is Ms. Carrillo-Pinedo and I am the School Counselor at Sister Robert Joseph Bailey Elementary School. This is my second year at Bailey ES. I am so excited to be here as a support for you and your student(s). I am here to help students with: problem solving, managing feelings, setting goals, feeling good about self, adjusting to school, learning how to make healthy decisions, handling peer pressure and bullying, and school organizational skills.

I am here to help parents/guardians with: exploring ways to help your child succeed, improving parent and child communications, referrals for community resources, understanding development changes of childhood and specific needs, and supplying reference materials.

The School Counseling Program Provides:

- Classroom lessons
 - Emotions, coping skills, communication skills.
 - Conflict Resolution, diversity, tolerance, and teamwork.
- Small groups year-round (grief/loss, self-esteem, divorce, anger management, friendship, etc.)
- Short-term Individual work with students
 - Short-term work to meet social, emotional and behavioral goals. Students can ask to see me and can be referred by the teacher or parent/guardian.

I look forward to the opportunity to assist you and your child/children.

Thank you,

Sandra Carrillo-Pinedo

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